# Recent Books from Bhutan - Sept 2011

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Tel: +65-6883-2284/6883-2204 Fax: +65-6883-2144 <u>info@marymartin.com</u> www.marymartin.com

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# **Anthropology**

Love, Courtship and Marriage in Rural Bhutan: A Preliminary Ethnography of Wamling

Village in Zhemgang / Dorji Penjore

Bhutan: Galing Printers and Publishers, 2009

Xi, 186p.; 21cm. 9789993623151 \$ 25.00

\$ 25.00 280 gm. / PB

Love, courtship and marriage in rural Bhutan is about Bomena, a "custom whereby a boy stealthily enters a girls' house at night for courtship or coitus with or without prior consultation". Commonly misunderstood in Bhutan as 'night hunting'. The use of a vernacular word Bomena, not 'night hunting', a term loaded with ethnocentrism and ignorance of the custom, tells a lot this original village ethnography. http://www.marymartin.com/web?pid=135219

Machik throema nagmo tsok ritual / Khaling Karma (composition)

Bhutan: Dewa spa Wellness, 2010

20p.;20cm.

\$ 10.00

40 gm. / PB

http://www.marymartin.com/web?pid=135232

Ancient Bhutanese Concept and Art of Healing

Bhutan: Dewa spa wellness, 2011

10p.;20cm.

\$ 10.00

30 gm. / PB

http://www.marymartin.com/web?pid=135233

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Invoking Happiness: Guide to the Sacred Festivals of Bhutan & Gross National Happiness

Bhutan: Khenpo Phuntshok Tashi, 2011

295p., ill.; 24cm.

9789993677734

610 gm / PB

\$ 35.00

Invoking Happiness explains the importance of sacred festivals in Bhutan and how these contribute to enhancing happiness and building harmony among friends and family members. It describes the significance of each selected dance and includes excellent

illustrations and photographs of each of the festivals. This is the first book ever written on sacred festivals performed in Bhutan which focuses on the three major festivals of the country: the Paro, Thimphu and Bumthang Jampa Lhakhang Festival.

http://www.marymartin.com/web?pid=135238

## Cookery

Foods of the Kingdom of Bhutan / Ernest T. Nagamatsu, Erik Nagamatsu

Thimphu: Tarayana Foundations, 2010

100p.

9780615198583

\$ 80.00

http://www.marymartin.com/web?pid=135237

Authentic Bhutanese Cookbook / Punap Ugyen Wangchuk

Bhutan: Jomo Publications, 2010

84p., ill.; 20cm. 9789993668343 510gms / HB \$ 60.00

This cookbook is a culinary journey based on 27 popular Bhutanese recipes focused on experiencing the "Taste of Thunder" from the "Kingdom of the peaceful Dragon".

Enjoy a visual feast and try yourself a treat of two. Let the taste of your own cooking take you to a unique experience. Bhutanese emphasize on what creates the taste along with the etiquette of presentation.

The author shares his experiences in print supplemented with his stunning photography. He grew up watching his mother cook delicacies that still brings vivid mouth watering memories.

http://www.marymartin.com/web?pid=135247

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### **Economics/Development Studies**

A Mosaic of the Dragon: The Fascinating 20 districts of Bhutan

Bhutan: Institute for Management Studies, 2010

219p.,ill.;29cm. 9789993679806 1440gm. / HB \$ 50.00

http://www.marymartin.com/web?pid=135239

Gross National Happiness: Practice and Measurement / Dasho Karma Ura and Dorji Penjore

Bhutan: The Centre for Bhutan Studies, 2009

Xxiv, 695p., 23cm. 9789993614524 1170gms / HB \$ 70.00

### **Environment**

The Field Guide to the Orchids of Bhutan

Bhutan: Sithar Dorji , Bhutan Orchid Science Society , 2008

Ix,97p., ill; 22cm. 9789993666608 170gms / PB \$ 25.00

http://www.marymartin.com/web?pid=135242

Medicinal Plants of Alpine Bhutan: With Glimpses of Wild flowers / Wangchuk

Bhutan: Samal Enterprise Publication, 2011

269p., ill.; 21cm. 9789993645016 570gms / PB \$ 55.00

With more than 700 officially recorded species of medicinal herbs growing wild in the country, Bhutan is recognized as a Men-jong 'A Land of Medicinal Plants'. Several guides on the medicinal plants of Bhutan already exist, but its simple layout and clear photographs this book is especially useful for the layman. In addition, experts such as researches, foresters, students and nature enthusiast, will appreciate the inclusion of scientific names and altitude information.

http://www.marymartin.com/web?pid=135245

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Bhutan's Natural Heritage: A Legacy of the Monarchs Bhutan: Royal Society for Protection of Nature, 2010 134p., ill.; 24cm. 9789993665151 430gms / PB \$ 35.00

http://www.marymartin.com/web?pid=135246

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Mild and Mad Day Hikes Around Thimphu / Piet van der poel Rogier Gruys Bhutan: Royal Society for Protection of Nature, 2006

112n Mans : 22cm

112p. Maps ; 22cm. 200gms / PB \$ 30.00

http://www.marymartin.com/web?pid=135236

#### History

Leadership of the Wise kings of Bhutan / Karma Ura Bhutan: The Centre for Bhutan Studies, 2010 Xvii, 177p.;17cm. 9789993663324 \$ 30.00 210 gm. / PB

Polity, kingship and democracy: A biography of the Bhutanese state / Sonam Kinga

Bhutan: Ministry of Education, Royal Governments of Bhutan, 2009

Xi,283.; 21cm. 99936705129 \$ 35.00 790 gm. / PB

The monarchy that embodied the Bhutanese state for the last hundred years has been the foundation and agency of Bhutan's political sovereignty and socio-economic progress. Under its leadership particularly under Fourth king his majesty Jigme Singye Wangchuck the kingdom has embarked on a unique journey towards parliamentary democracy. <a href="http://www.marymartin.com/web?pid=135218">http://www.marymartin.com/web?pid=135218</a>

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Journey across Singye dzong: A true life story... / Tandin wangchuk

Bhutan: DSB Publication, 2011

vii, 51p.; 21cm. 9789993612292 \$ 20.00

140 gm. / PB

http://www.marymartin.com/web?pid=135221

Our King is crowned Bhutan: Kuensel, 2008 197p., ill., 26cm. 9789993678458 1380gms/HB \$ 90.00

The Year 2008 was a special year all the Bhutanese.

His Majesty the king khesar Namagyel wangchuck was crowned on November 1,2008 at the Tashhicho Dzong, Bhutan created history when his majesty popularly known as "Pople's King" was crowned, Another visionary leader had taken the stewardship of Druk-Yul paving the way for the Bhutanese people to continue living in peace and harmony.

http://www.marymartin.com/web?pid=135241

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Crown of the Dragon / Diederik Prakke Bhutan : Bhutan Observer Pvt. Ltd, 2006 V,171p., ill. ;21cm. 9789993631088 280gms / PB \$ 30.00

The nation-state Bhutan and the shambhala Buddhist community, based in Halifax, Canada, are both headed by crowned leaders. In fact, the fifth king of Bhutan and the second queen of shambhala were coincidently enthroned in the same year. Are such coronations the epitome of wisdom traditions we can join, or mere remnants of marginal, crumbling cultures? What is a sane and invigorating way to relate to such events? Avoiding the extremes of idolatry and indifference, is there a genuine alternative that is more than a safe compromise in the middle? If we explore such questions with a happy mixture of sharp intelligence, earthy humor and openness, we may discover unexpected vistas. http://www.marymartin.com/web?pid=135227

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The Wangchuck Dynasty: 100 years of Enlightened Monarchy / Lham Dorji

Bhutan: Centre for Bhutan Studies, 2008

Vii, 160p., 22cm. 9789993614517 270gms / PB \$ 30.00

http://www.marymartin.com/web?pid=135243

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Portrait of a leader: Thought the looking-glass of his Majesty' decrees / Mieko Nishimizu

Bhutan: The Centre for Bhutan studies, 2008

Xiv, 249p. ;22cm. 9993614432 460 gm. / HB \$ 30.00

http://www.marymartin.com/web?pid=119106

#### Literature

The Stain on the Moon / D.W. Dorji Bhutan: D.W. Dorji, 2011 121p.;16cm. 9789993683704 \$ 22.00 120 gm. / PB

One man's Journey through triumph and failure... For Dawa, growing up without a mother was something he never wanted. But when fate takes her away from him, he is left heart-broken and bitter.

He knew it was not going to be easy, until, he meets Jitshen. Dawa thought he had everything he wanted until his only son gets married....

http://www.marymartin.com/web?pid=135211

At the Other End of the Rainbow and Collection of Short Stories / Gelay phuntsho

Bhutan: DSB Publication, 2011

v, 130p.;21cm. 9789993683209 \$ 20.00 190 gm. / PB

http://www.marymartin.com/web?pid=135222

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Ensnared: A Novel from Bhutan / Kuenga Tenzin

Bhutan: Kuenga Tenzin, 2011

133p.;22cm. 9789993678106 \$ 18.00 200 gm. / PB

Kuenden is an incredibly precocious boy, who leads harmonious and perfect life in a mediocre family. His happiness is soon doomed with the sudden demise of his dipsomaniac father. He and his mother are left distraught and are unable to move forward until a seductive lecher ensnares his mother into his love's trap. Their harmonious life resumes until the birth of his step-sister. His step father unleashes a Pandora's box in kuenden's life. <a href="http://www.marymartin.com/web?pid=135226">http://www.marymartin.com/web?pid=135226</a>

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Dreaming and Drifting Drenching: A Scintillating Set of Poems and Stories (awared-winning

articles included)

Thimphu: Saacha Dorji, 2010

82p, ill; 21cm. 9789993678908

150gms \$ 20.00

"Dreaming and Drifting Drenching" by Mr Saacha Dorji is an earnest canvas of deeply felt life experiences and the immortal truths that sift through them. He touches on a spectrum of avenues in human life and at times gives you pleasant surprises with resounding visions of life, men and manners, besides daring philosophies to test with. http://www.marymartin.com/web?pid=135220

The Colour: A Bhutanese Consciousness " A Collection of Poems"

Bhutan: Bikash Sangrola, 2011

55p, 21cm. 9789993681403 90 gm. / PB \$ 25.00

http://www.marymartin.com/web?pid=135224

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Dancing to Death

Bhutan: Gopilal Acharya, 2011

72p.; 21cm. 9789993683506 140gms / PB \$ 18.00

Songs and dances till your very death how blithe a journey that should be for nature never wrote a dirge for the dead only you and I, we wail at the grave.

These poems have chiefly been an experiment with my own sensibilities as they registered my personal perception of dreams and realities, love and detachment, innocence and experience, truth and beauty, life and death, and light and dark.

http://www.marymartin.com/web?pid=135240

#### **Politics**

Beyond the Ballot Box: Report from the Deepening and Sustaining Democracy in Asia

Conference, 11-14 October 2009

Bhutan: The Centre for Bhutan studies, 2010

xxiv, 339p.;22cm. 9789993614616 \$ 50.00

720 gm. / HB

http://www.marymartin.com/web?pid=135225

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Drukyul Decides: in the minds of Bhutan's first voters / Gyambo sithey (et.al)

Bhutan: centre for research initiative, 2009

xi, 369p.;ill, 22cm. 9789993677505 \$ 40.00

880 gm. / HB

http://www.marymartin.com/web?pid=135230

How to Reform a Traditional Buddhist Monarchy: the Political Achievements of His Majesty Jigme Singye Wangchuck, the fourth king of Bhutan (1972-2006) / Thierry Mathou

Bhutan: The Centre for Bhutan Studies, 2008

48p.;22cm. 9993614459 90 gm. / PB \$ 20.00

http://www.marymartin.com/web?pid=119108

#### **Official Publications**

National Accounts Statistics, 2010 [Bhutan] Bhutan: National statistics Bureau, 2010 vii, 50p.;22cm. 9789993628071 \$ 30.00 130 gm. / PB

http://www.marymartin.com/web?pid=135228

Infrastructure Mapping of Bhutan 2008 Bhutan: National Statistics Bureau, 2009 177p. Maps; 42cm. 3030gms / PB \$ 195.00

The Infrastructure mapping is the first attempt of the National Statistics Bureau (NSB) to Identify and locate Various socio-economic facilities in the country. The exercise was carried out throughout the country using the Geo positioning system (GPS) and the field survey was conducted in the year 2008. The present report consists of data on sectors like the health and education establishment, roads, bridges, RNB centers, gewog centers etc. and on historical sites/ihakhangs. The mapping is based on the land cover maps provided by the Department of survey and land records.

http://www.marymartin.com/web?pid=135235

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Statistical Yearbook of Bhutan 2010

Bhutan: National Statistics Bureau Royal Governemtn of Bhutan,

242p,25cm. 9789993628064 740gms \$ 80.00

A Proposal for GNH Value Education in Schools

Bhutan: Gross National Happiness Commission, 2009

63p,;23cm. 9789993614562

160gms \$ 15.00

http://www.marymartin.com/web?pid=135223

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Bhutan Multiple Indicator survey, 2010 (Monitoring the Situation of Children and Women)

Thimphu: National Statistics Bureau, 2011

Xx, 304p., ill.; 28cm. 9789993628095 1250gms / PB

\$ 75.00

http://www.marymartin.com/web?pid=135229

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Small Area Estimation of Poverty in Rural Bhutan

Bhutan: National Statistics Bureau Royal Government of Bhutan, 2010

38p., maps; 27cm. 9789993628057 150gms / PB

\$ 25.00

http://www.marymartin.com/web?pid=135248

# Sociology

Quality of Education in Bhutan: Historical and Theoretical: Understanding Matters / Singye

Namavel

Bhutan: DSB Publication, 2011

X, 205p., 25cm. 9789993612308 510gms / PB \$ 35.00

## http://www.marymartin.com/web?pid=135231

The Gross National Happiness School: The Infusion of Gross National Happiness Value in the

School / Sangay Tenzin

Bhutan: Samal Enterprise, Thimphu, 2010

97p, ill; 22cm. 9789993645023 160gms / PB \$ 25.00